

FIT for LIFE in the Kingdom

Index of testimonials

- Deborah Christie – *Fitness Training from the Inside Out* 138
- Linda Pope – *My Journey with Food*146
- Tracy Linkletter – *Living from a Place of Rest*155
- Scott Nash – *My Journey Out of Sexual Addiction* 162
- Victoria Steen – *A Nurse’s Caring Love for her Patients* 167
- Teresa Arsenault – *My Trauma Healing Journey* 184
- Catherine Garant – *My Journey to Faith* 210
- Catherine Visser – *From Orphan to Adoption* 217
- Joy Locke – *A Therapists Journey out of Fear* 225
- Jack Ferguson – *My Journey with Cancer and Faith* ... 230
- Dorothy Fry – *Finding Purpose in Ministering God’s Love to Others* ... 237
- Catherine Garant – *My Journey Through the Wall* 291
- Tracy Linkletter – *A Pastor’s Perspective on Growth to Maturity* 296

My heartfelt thanks to all the above contributors for their honesty and vulnerability in sharing a portion of their stories. I am deeply grateful.

Henk