

FIT for LIFE in the Kingdom

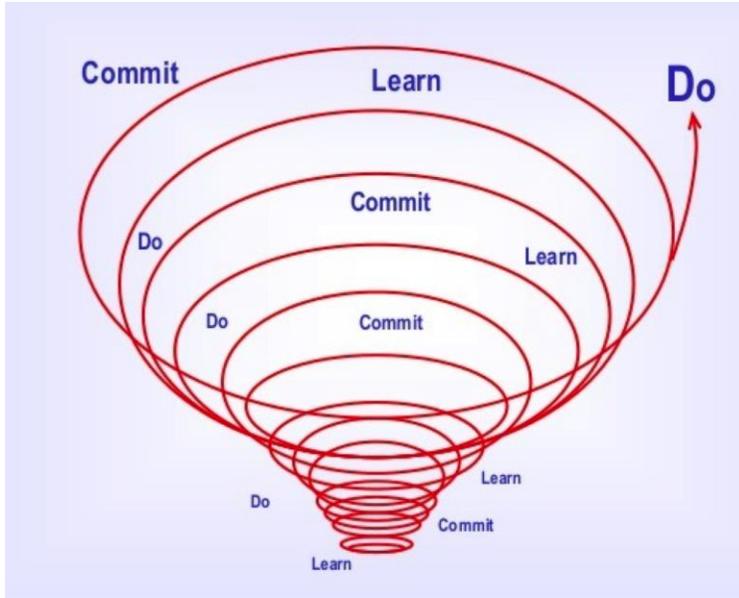


Figure 1- The Upward Spiral

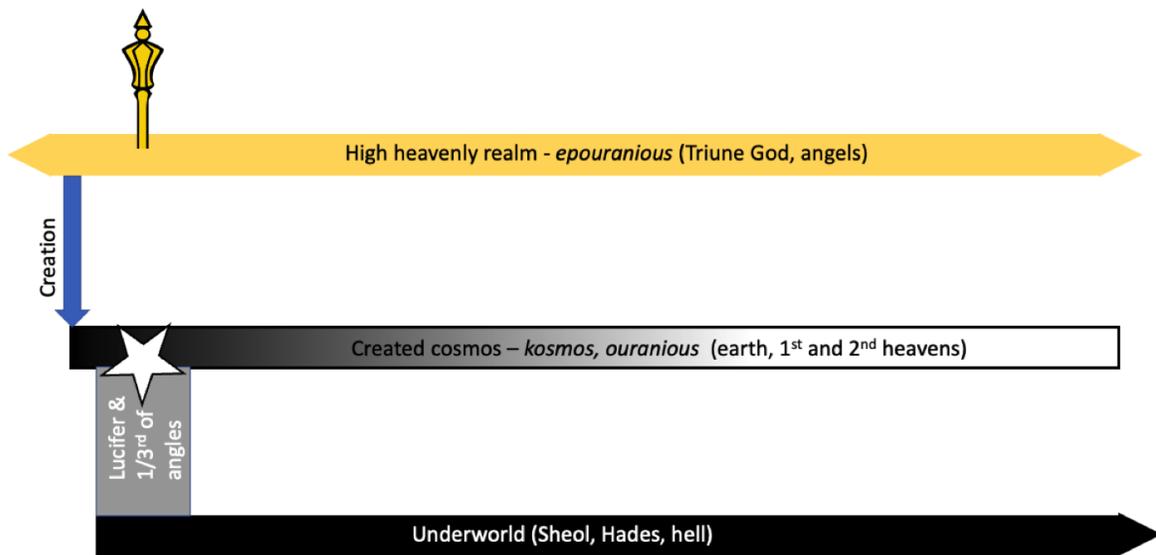


Figure 2 - The cosmos at creation

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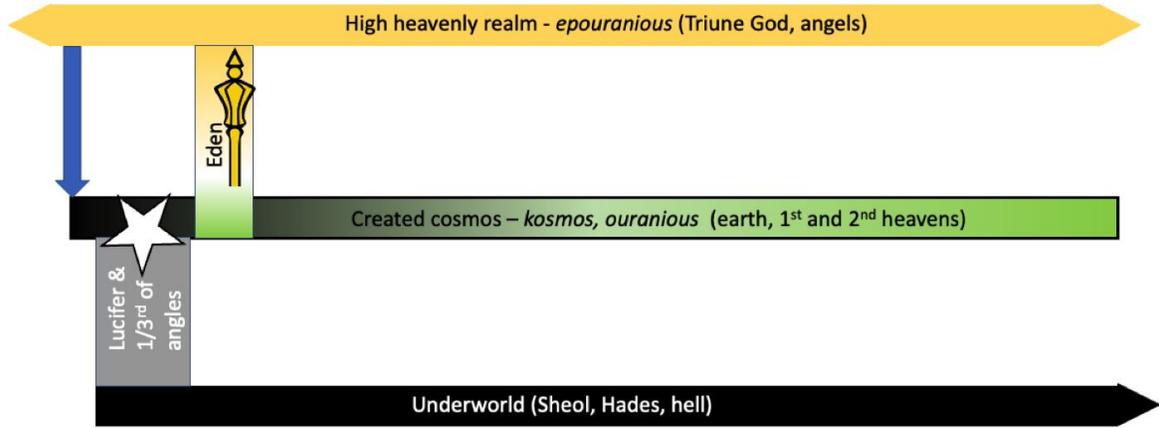


Figure 3 - The Garden of Eden



Figure 4 - Four core human needs

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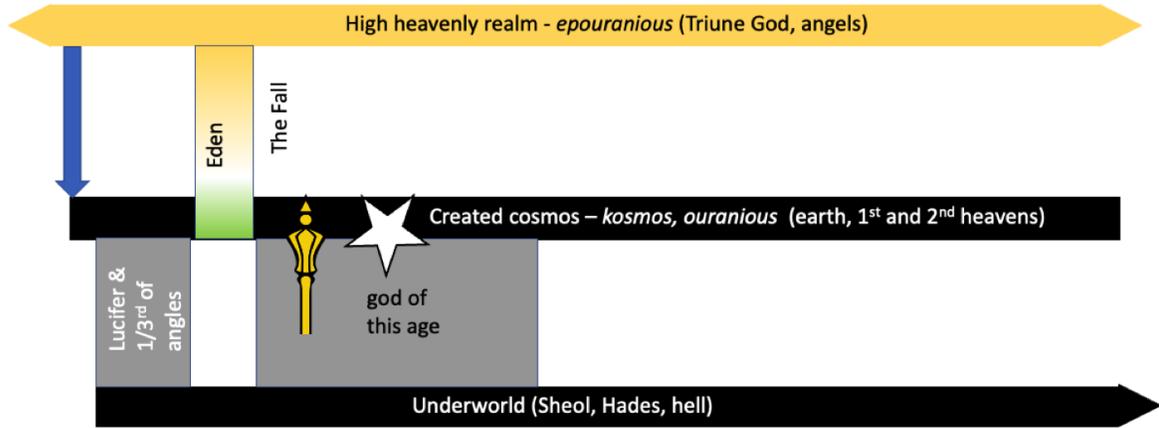


Figure 5 - The Fall and the lost kingdom

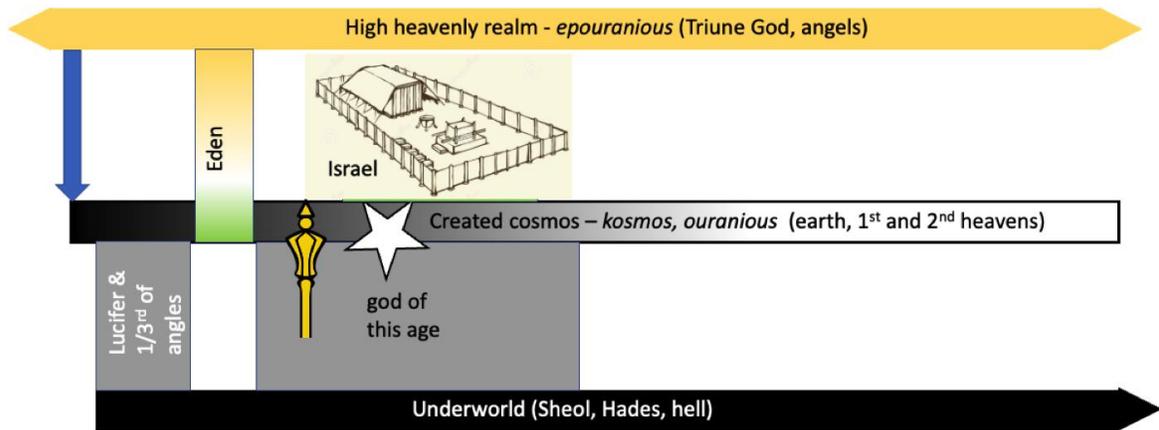


Figure 6 - God's presence through Israel

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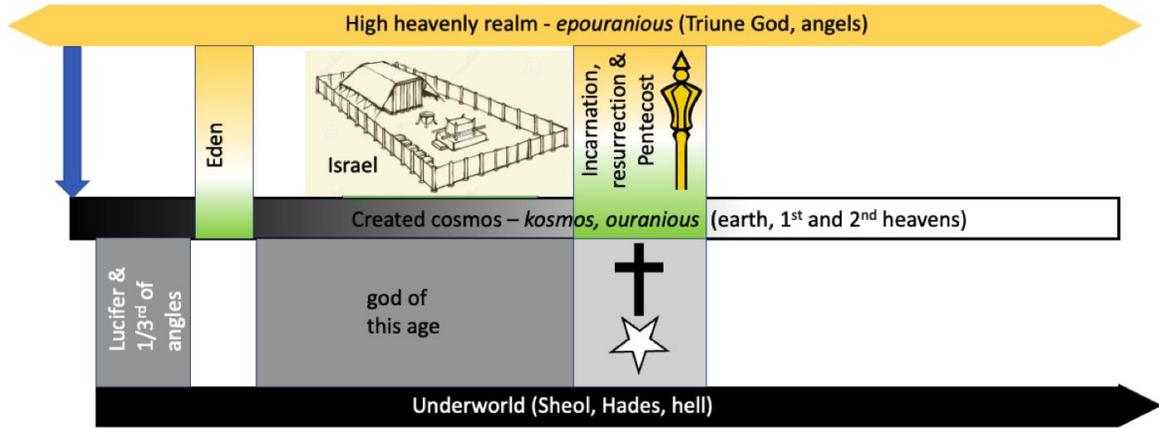


Figure 7 - The incarnation

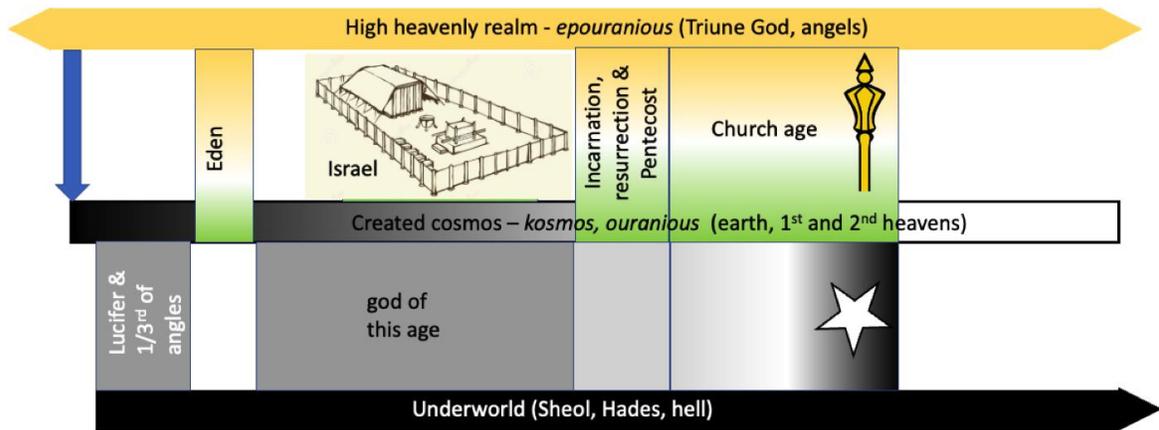


Figure 8 - The Church age

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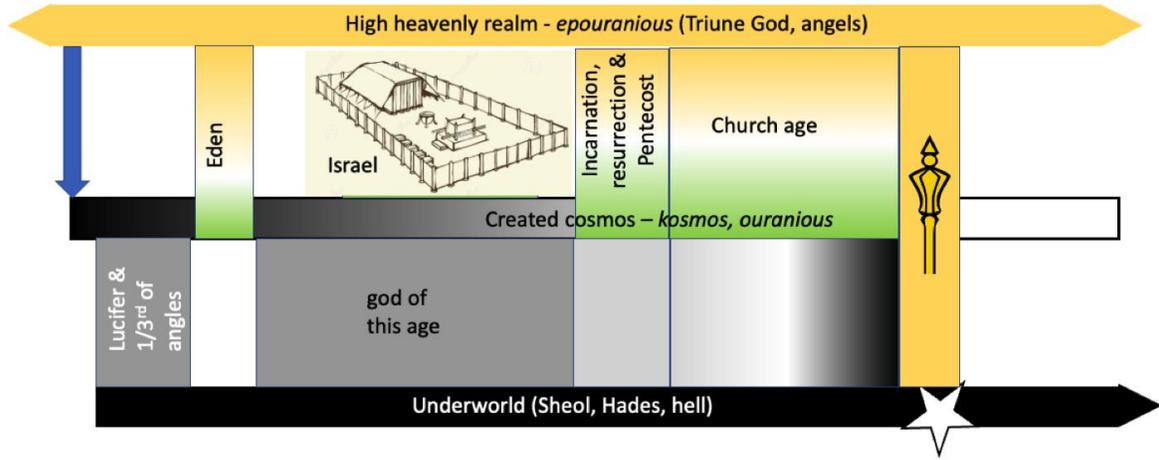


Figure 9 - Christ's second coming

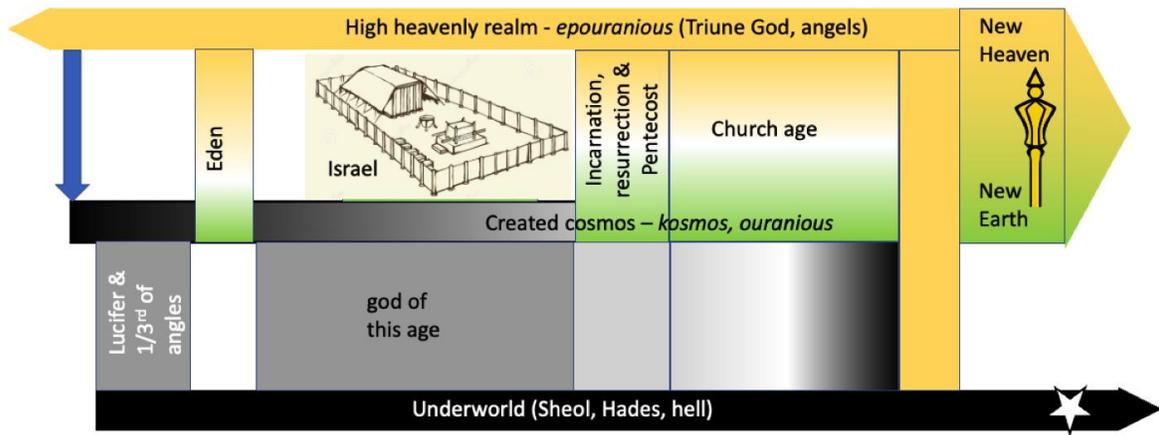


Figure 10 - A new heaven and earth

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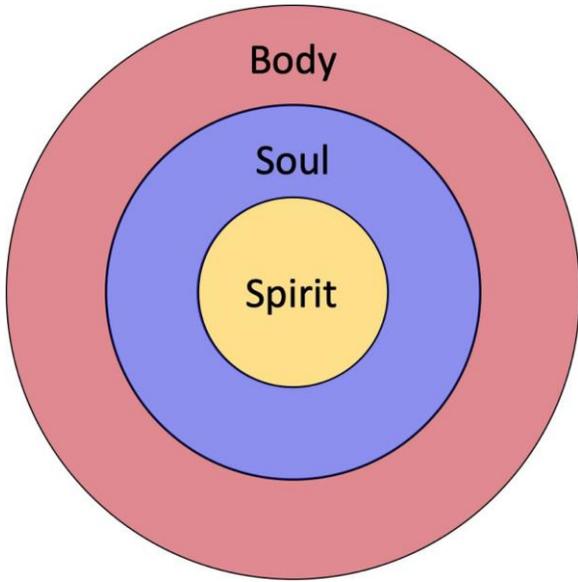


Figure 11 - Tripartite human being

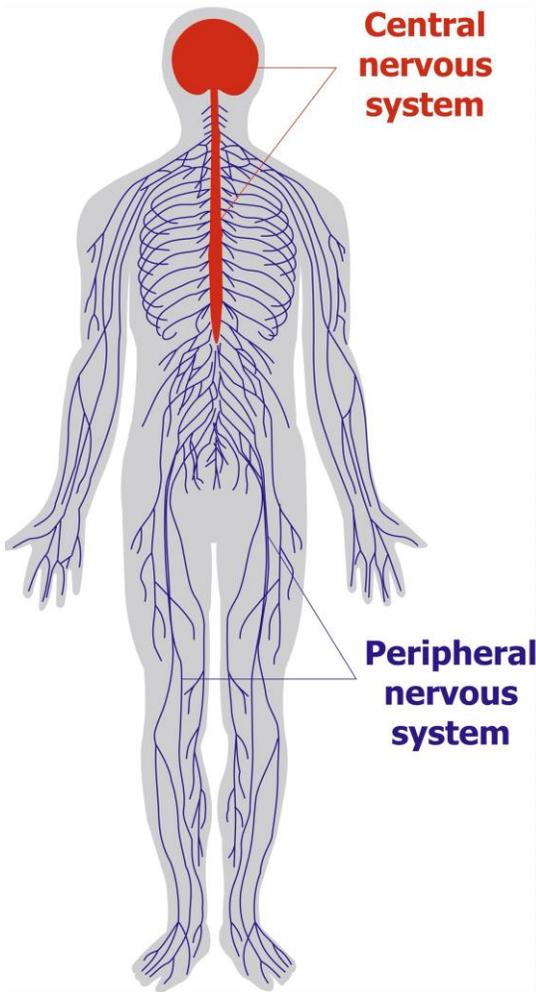


Figure 12 - The nervous system

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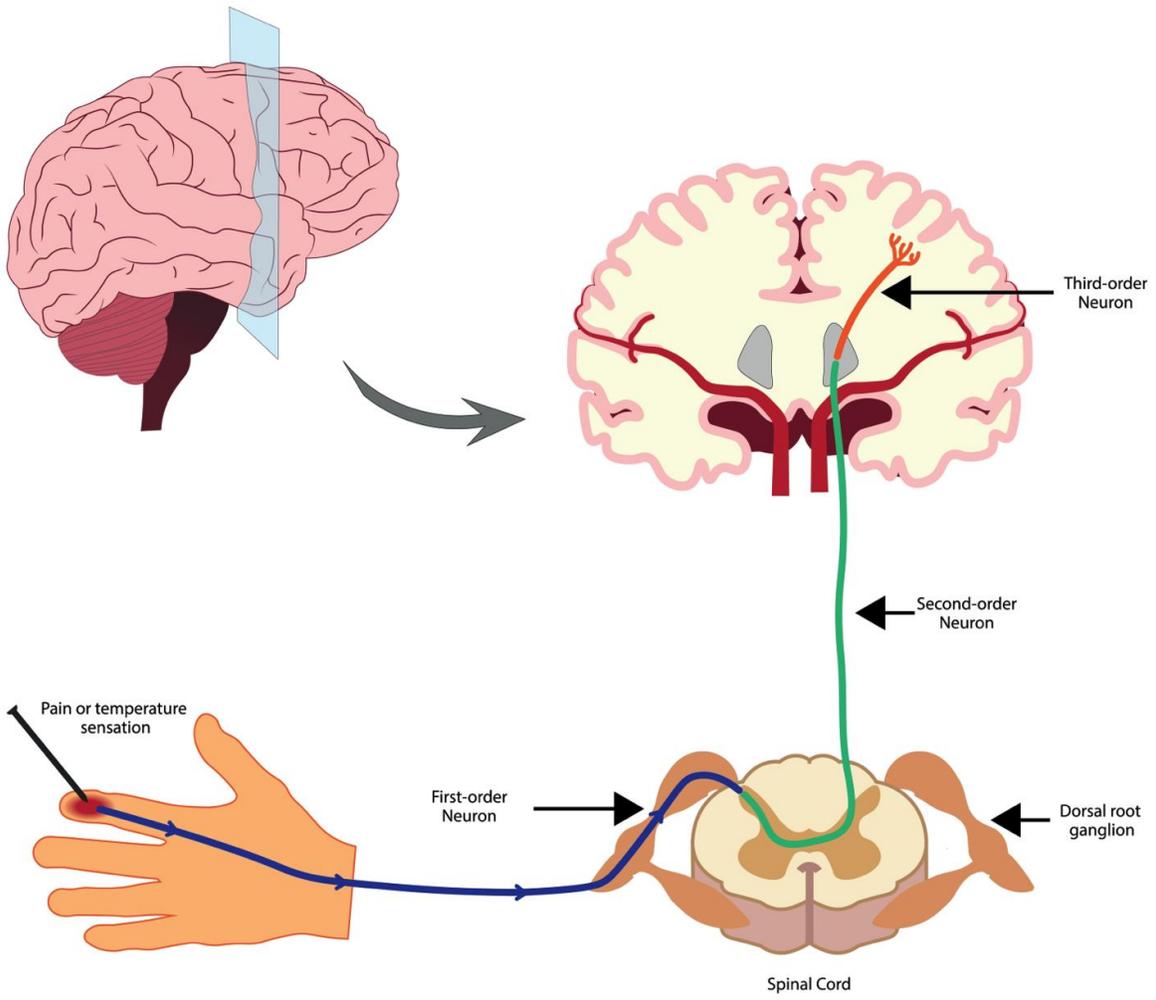


Figure 13 - Sensory pathway

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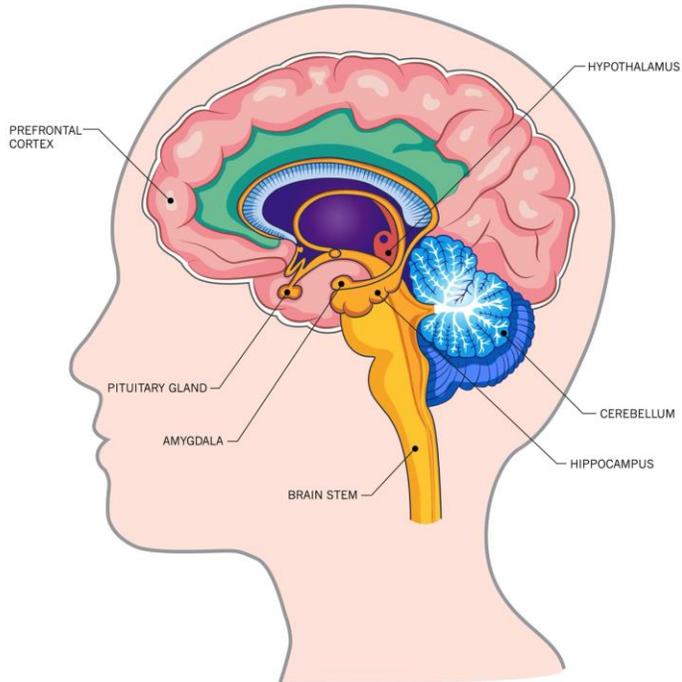


Figure 14 - Pituitary gland connected to hypothalamus

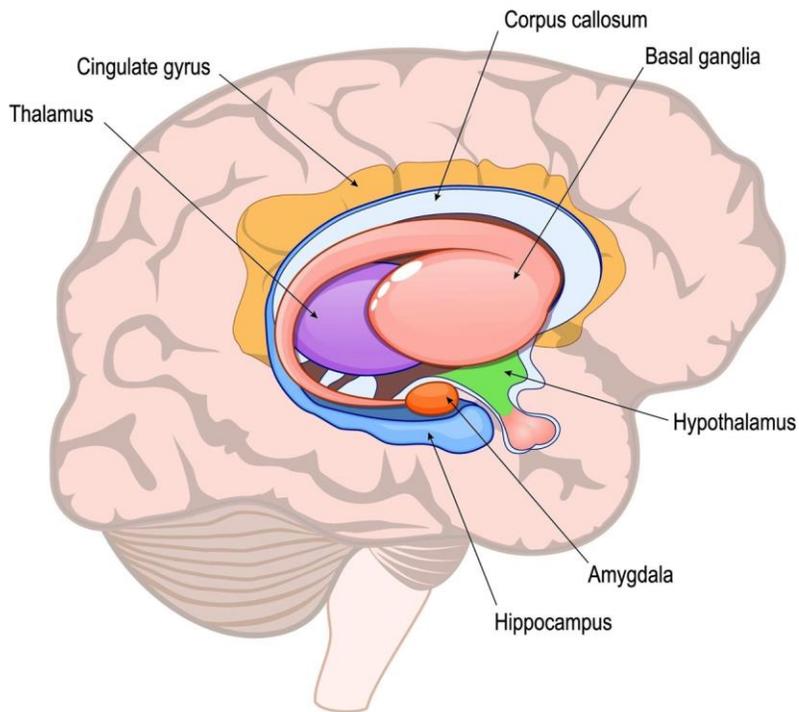


Figure 15 - Limbic system

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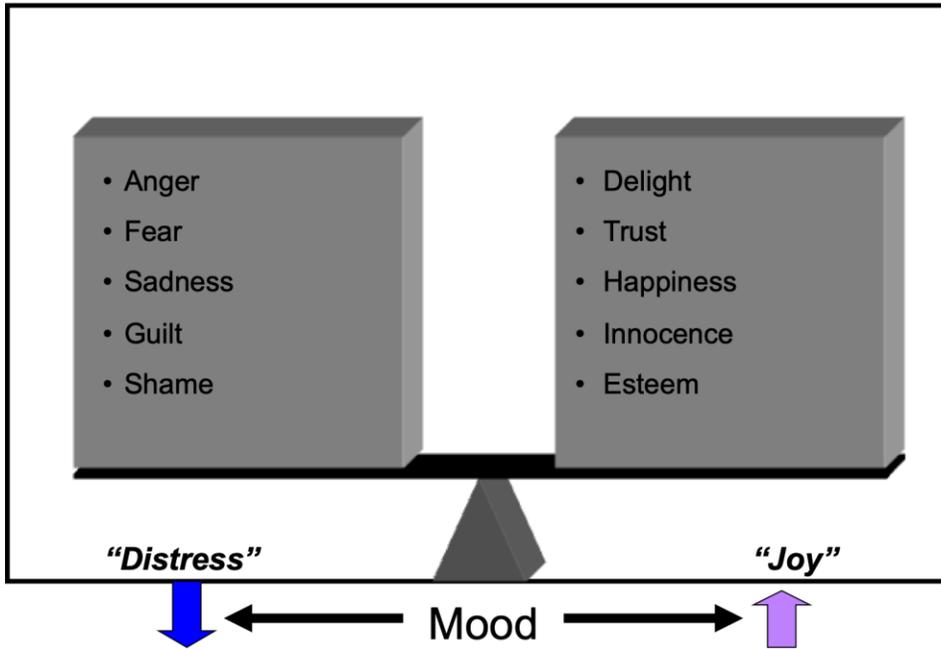


Figure 16 - Pendulating emotional states

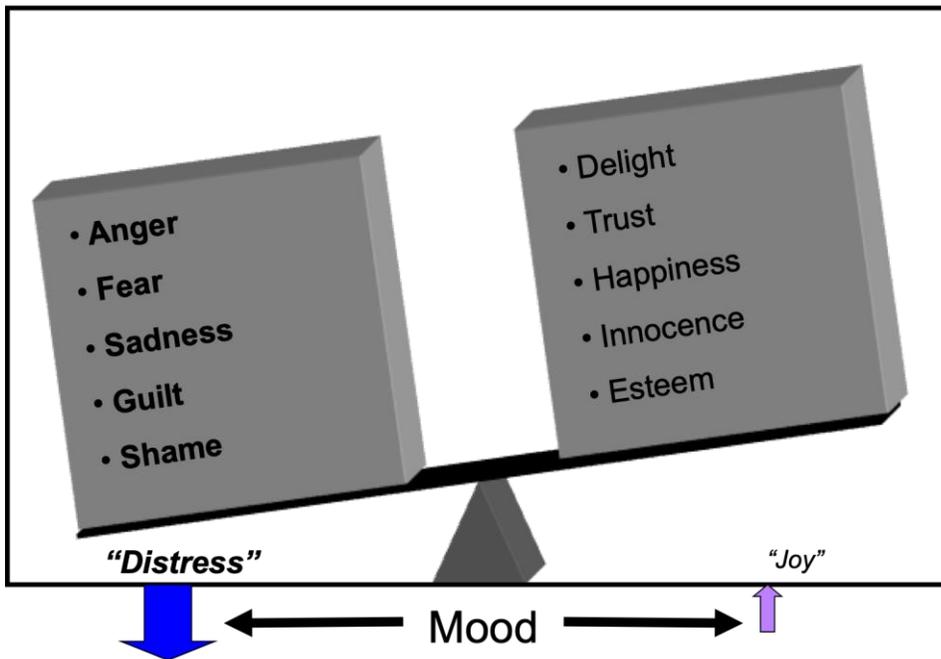


Figure 17 - Negative core affect

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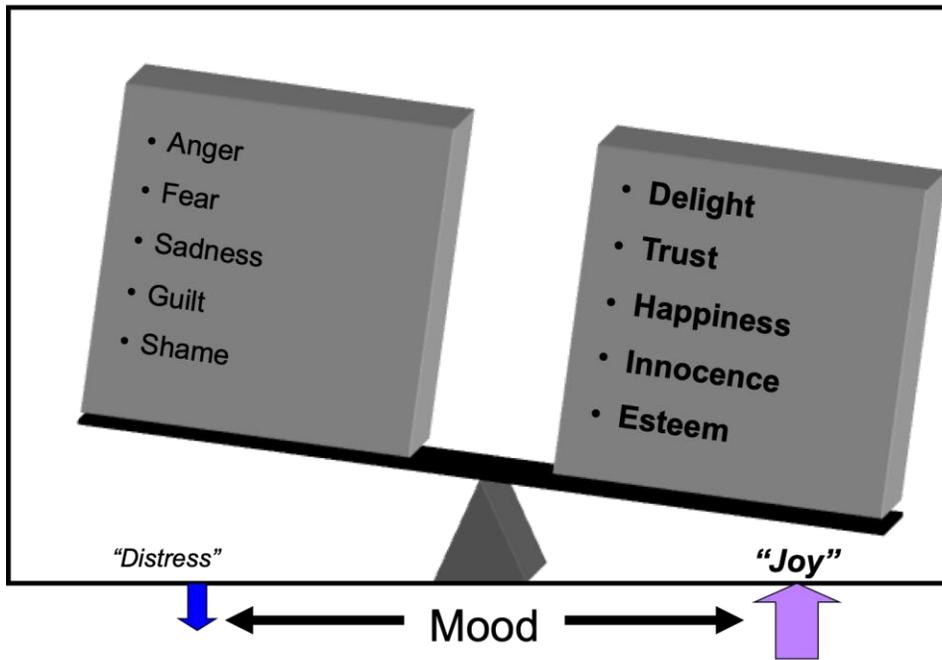


Figure 18 - Positive core affect

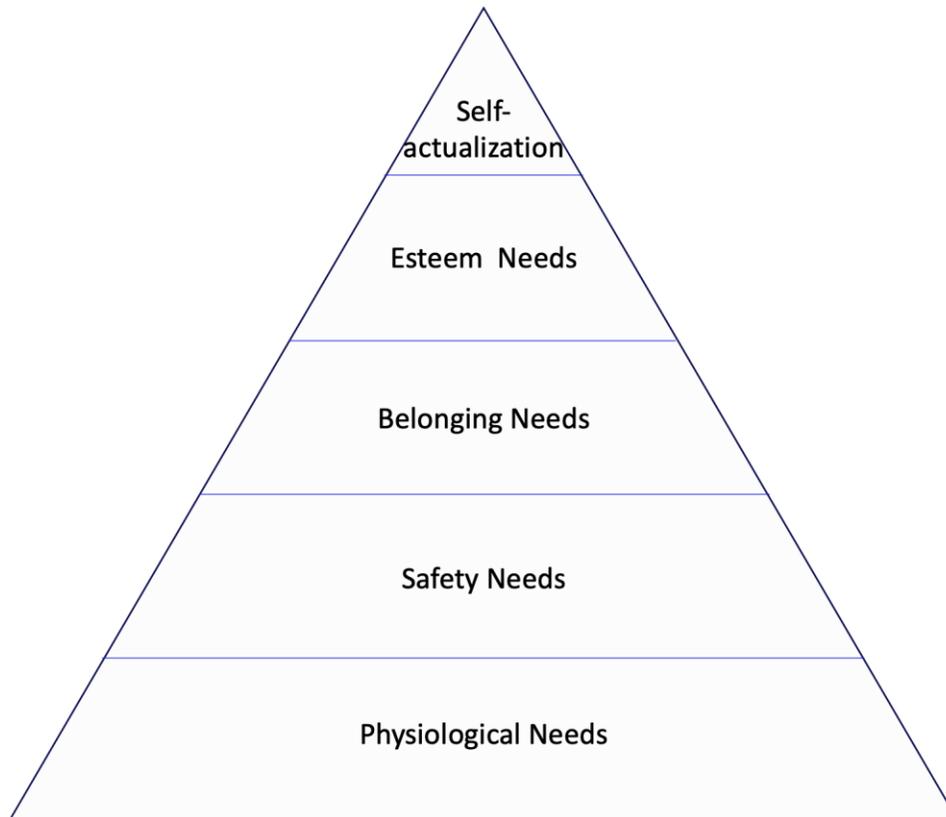


Figure 19 - Maslow's triangle of human needs

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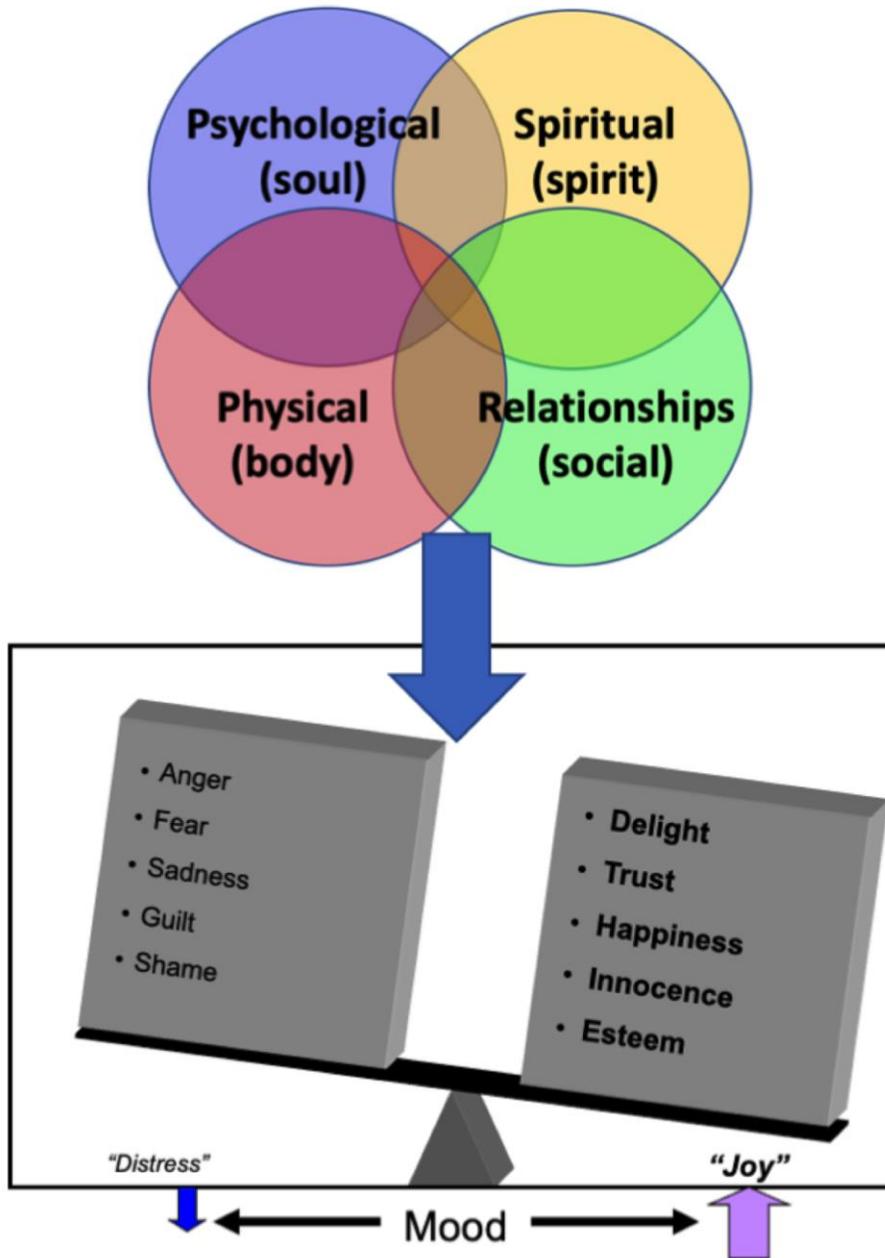


Figure 20 - Well-resourced human needs

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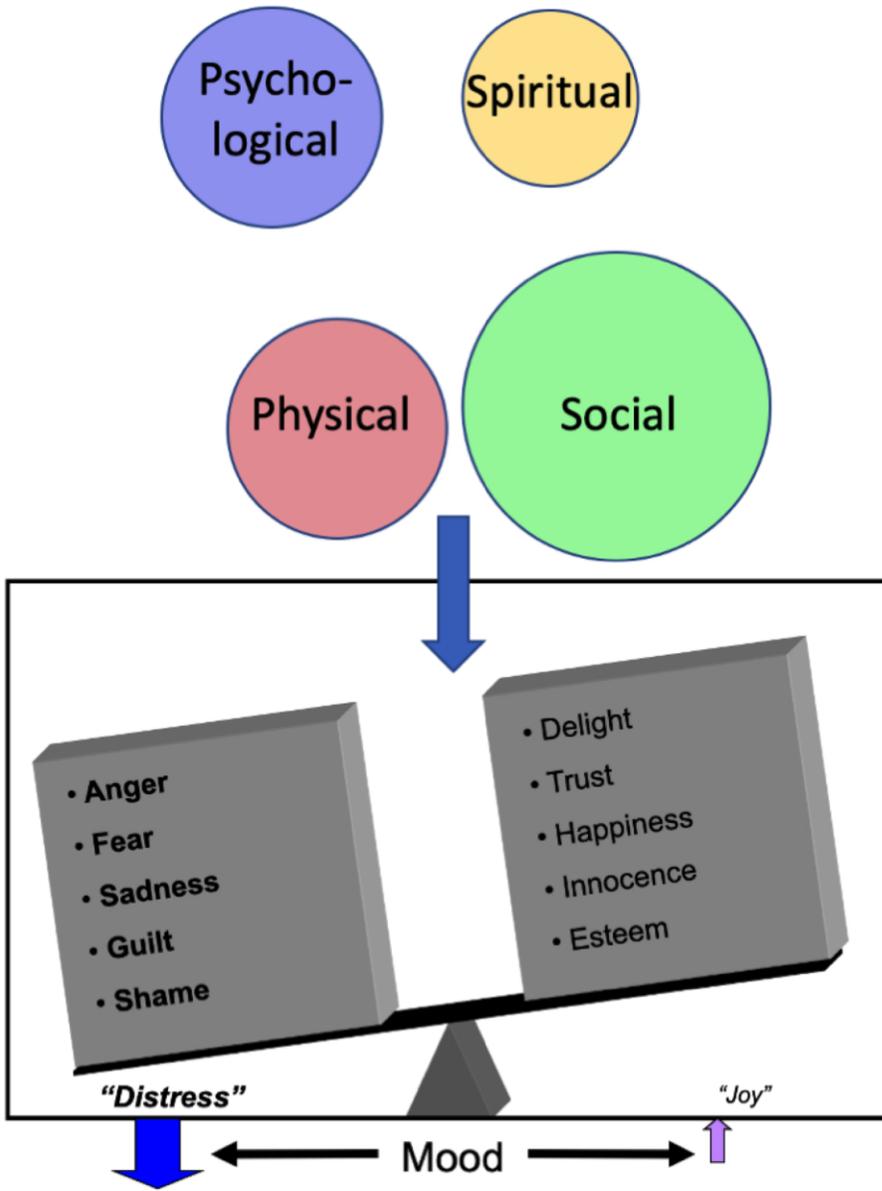


Figure 21 - Poorly resourced human needs

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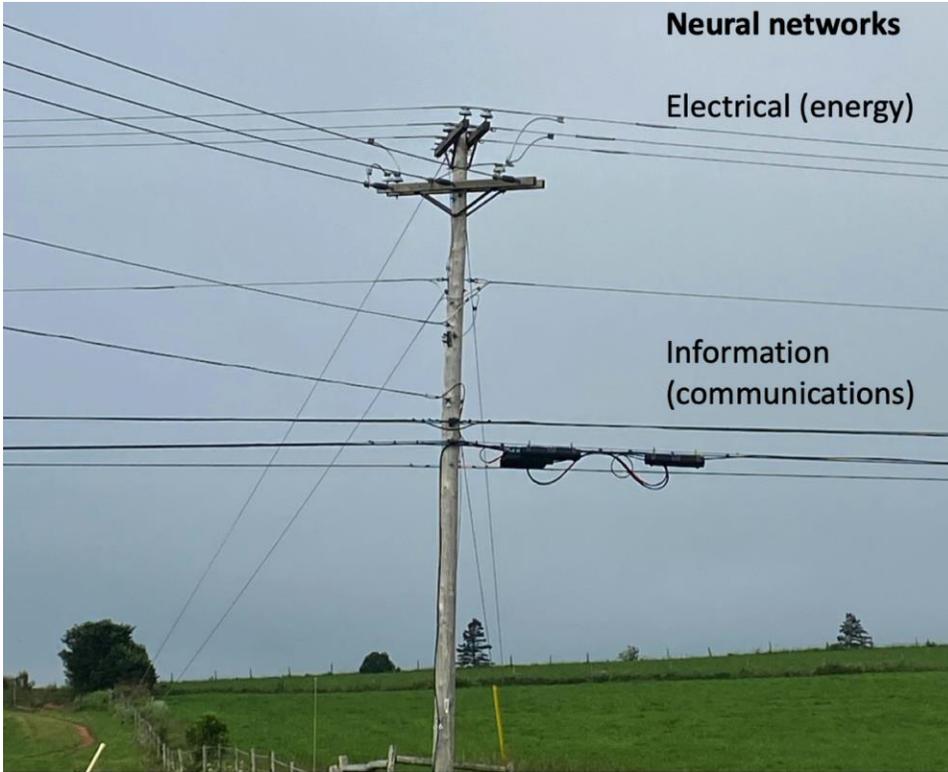


Figure 22 - Electrical and telecommunications lines

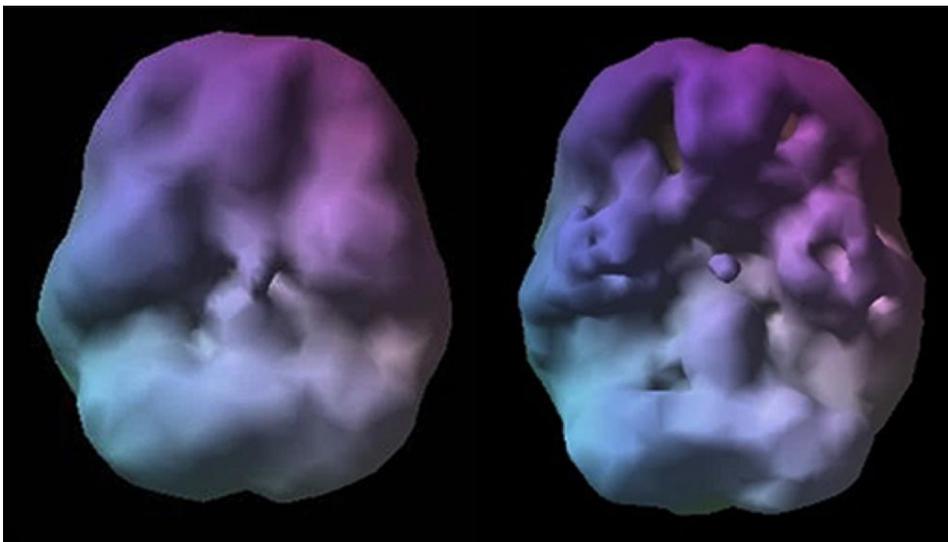


Figure 23 - Brain SPECT scans (right abnormal)

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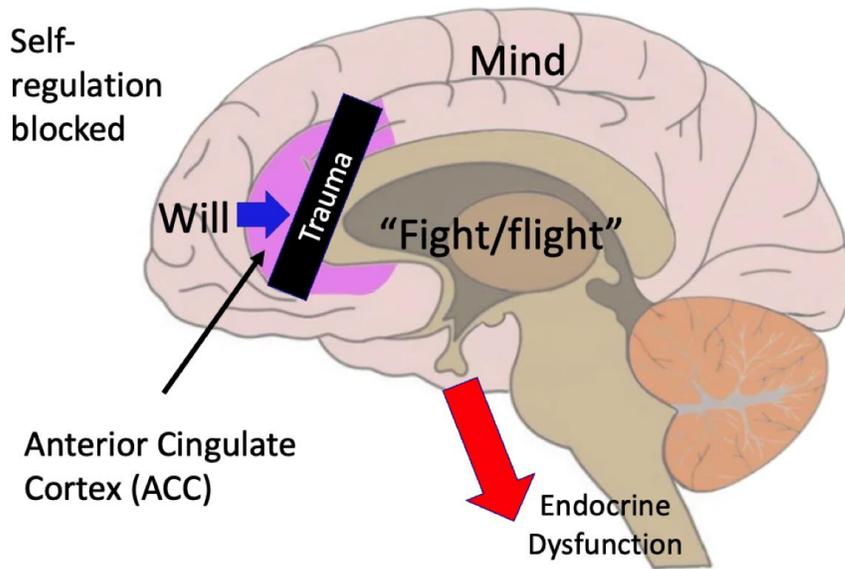


Figure 24 - Trauma and endocrine dysfunction

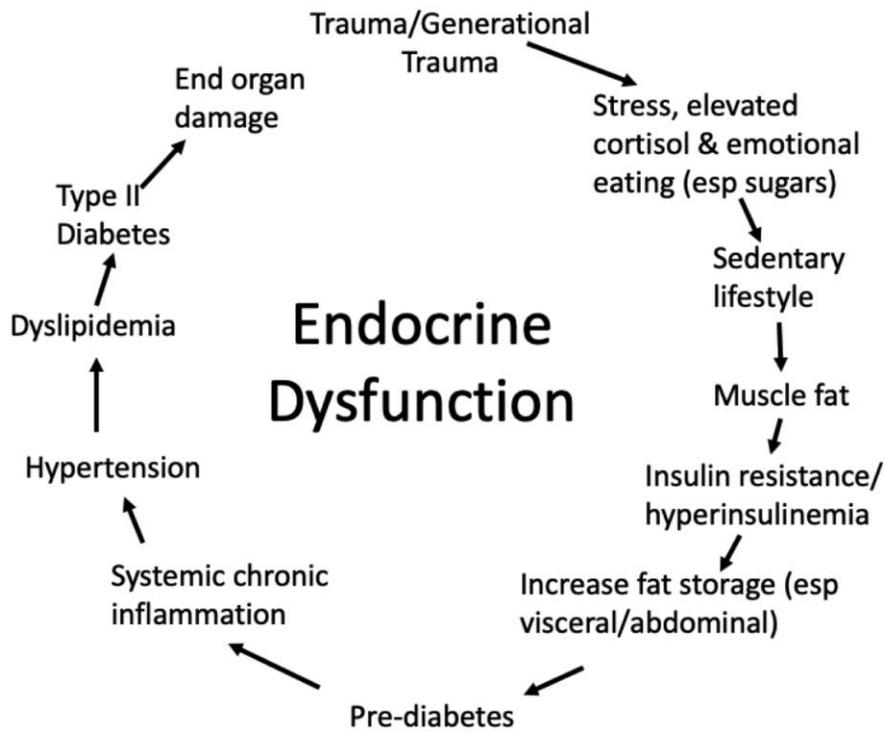


Figure 25 - Metabolic dysfunction cycle

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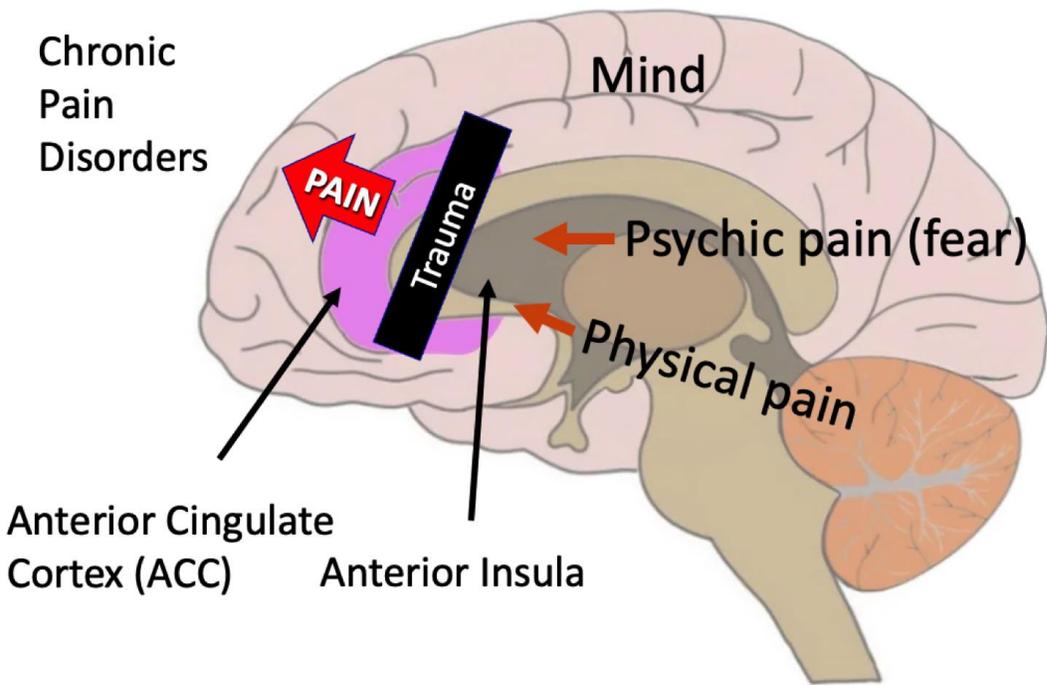


Figure 26 - Chronic pain disorders

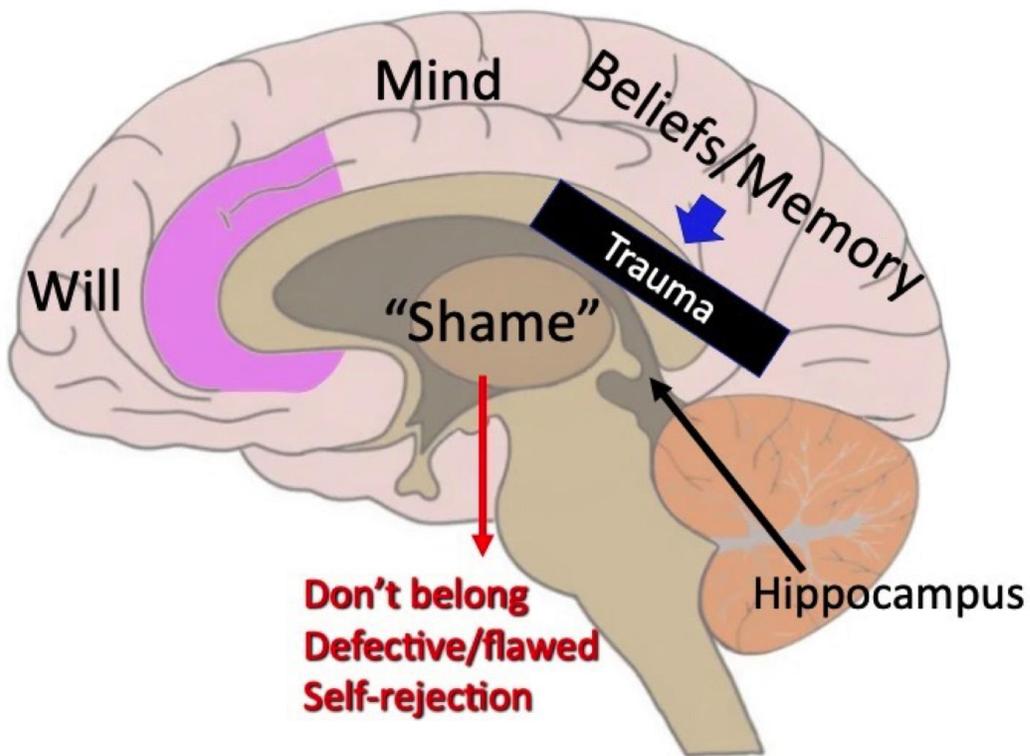


Figure 27 - Self-rejection and immune dysfunction

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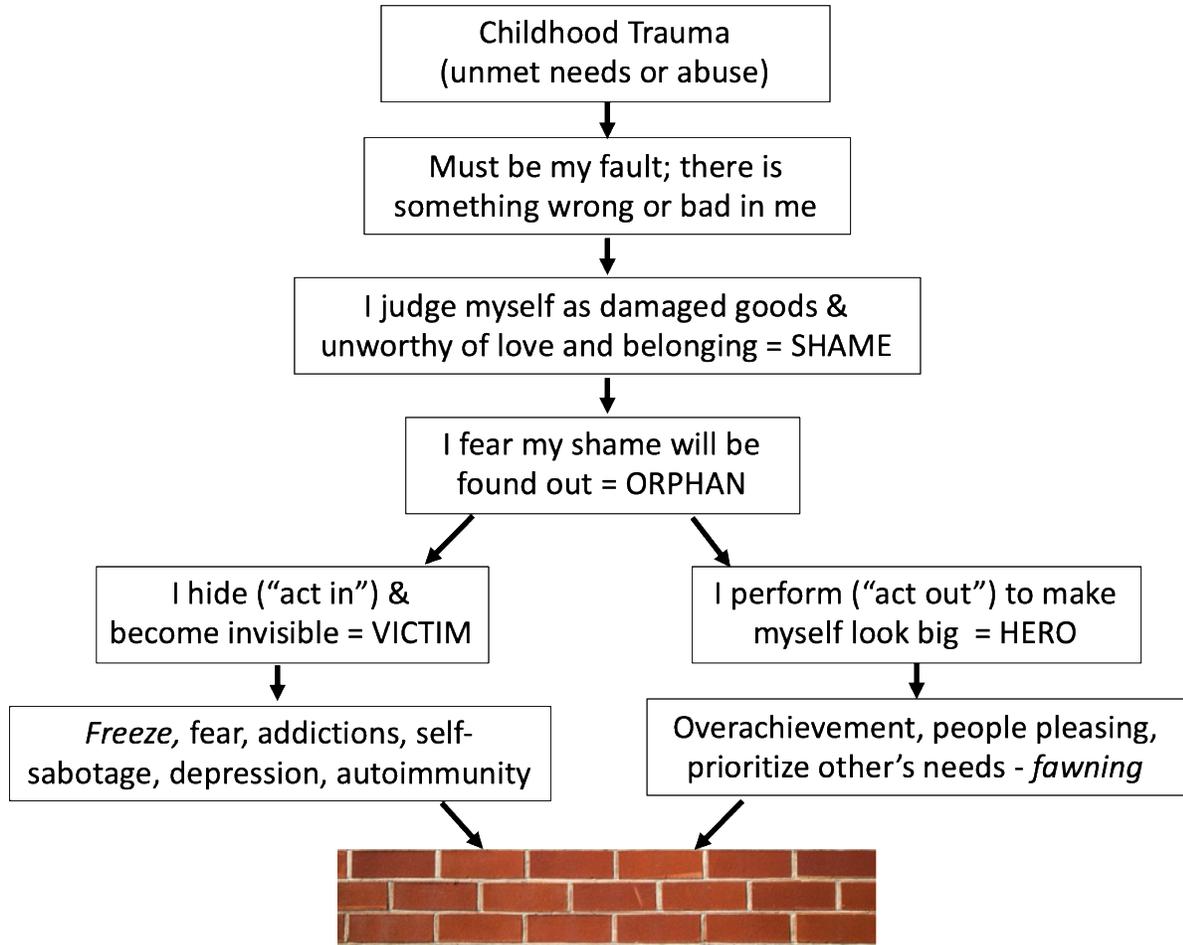


Figure 28 - Shame cascade

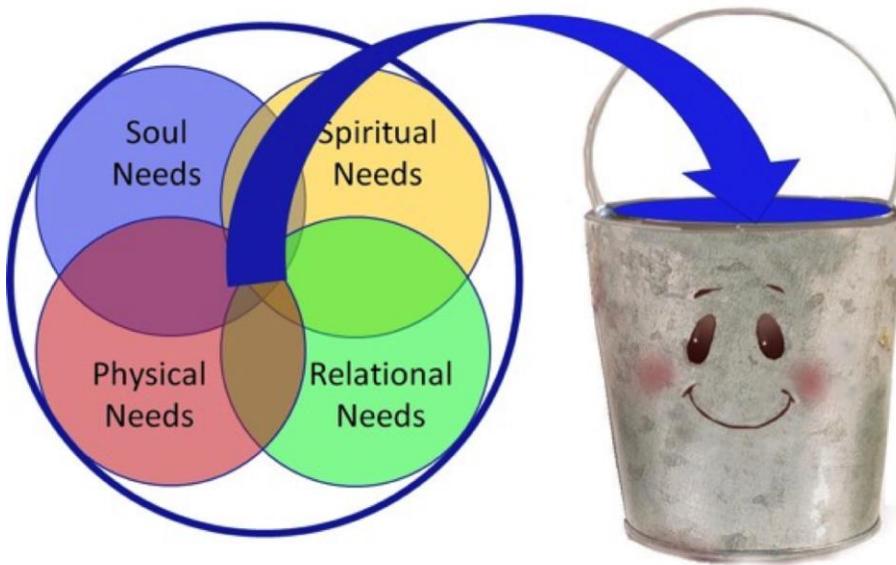


Figure 29 - Filling a joy bucket

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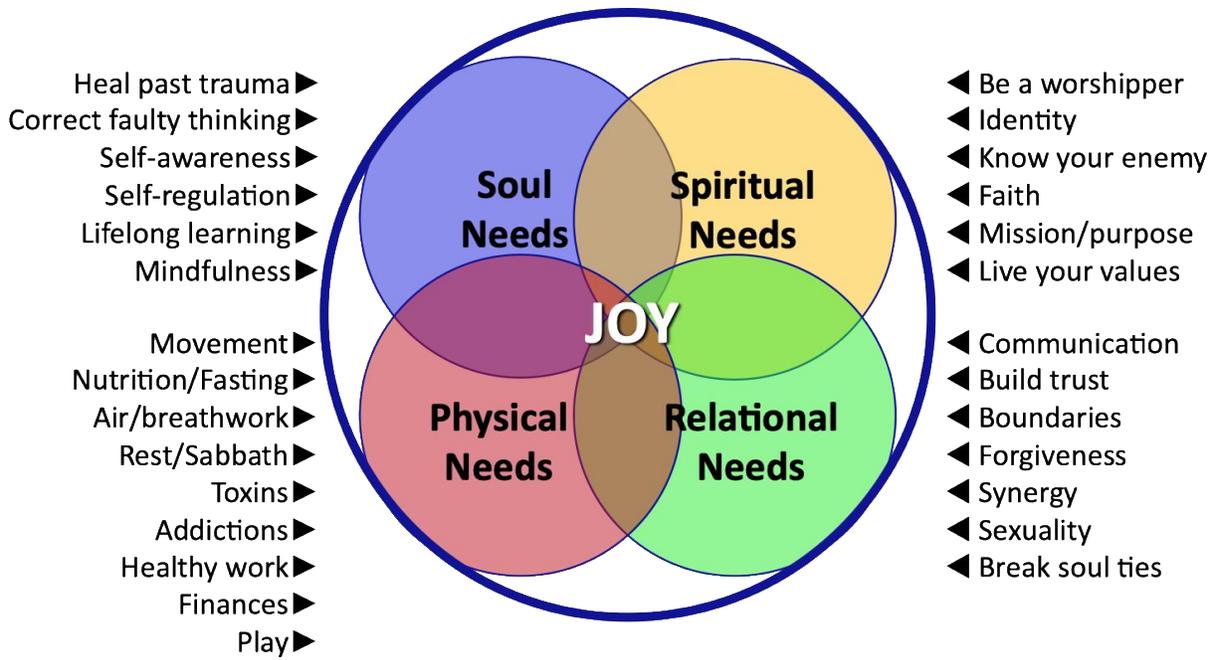


Figure 30 - Lifetime disciplines and rhythms

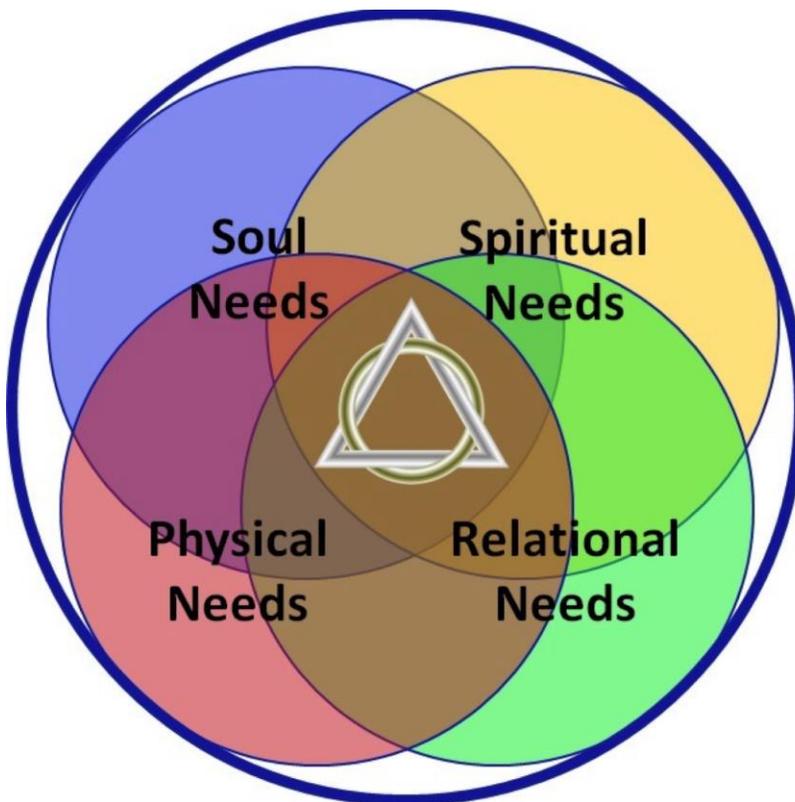


Figure 31 - Mature integration with God at the centre

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Figure 32 - Margin

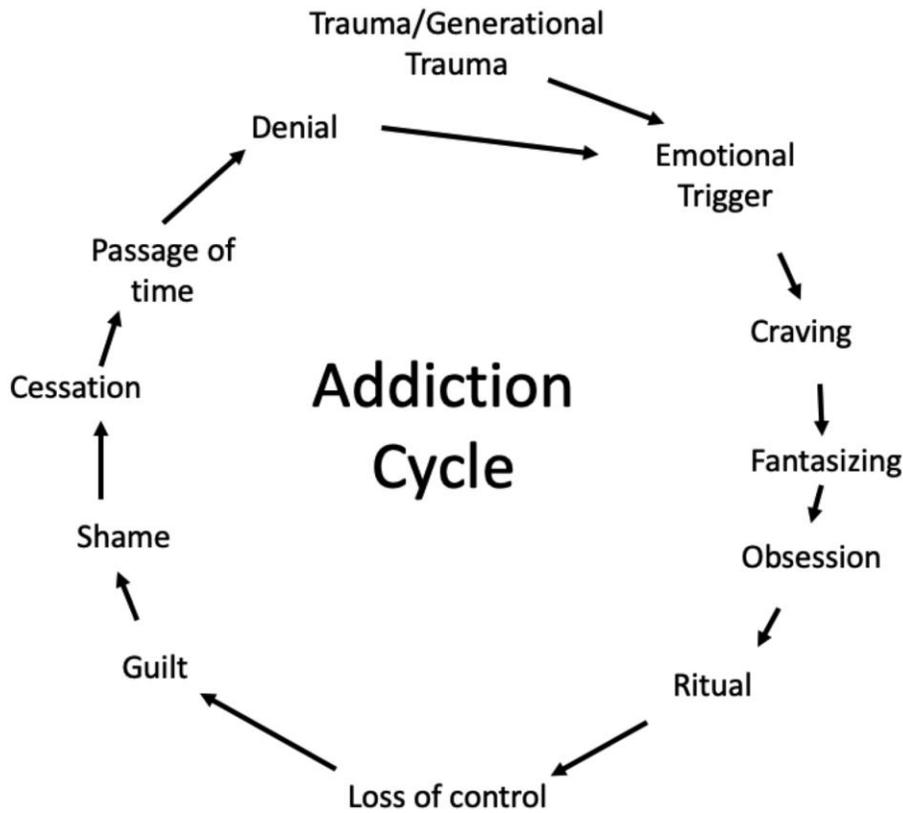


Figure 33 - Addiction cycle

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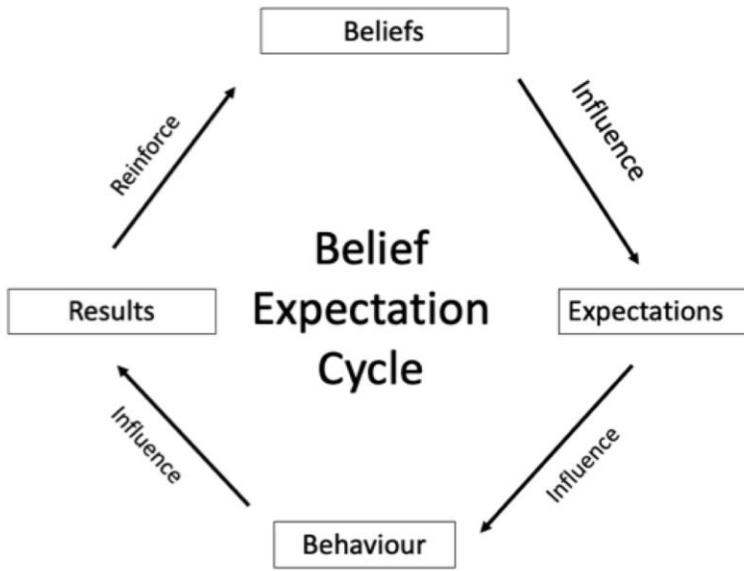


Figure 34 - Belief expectation cycle

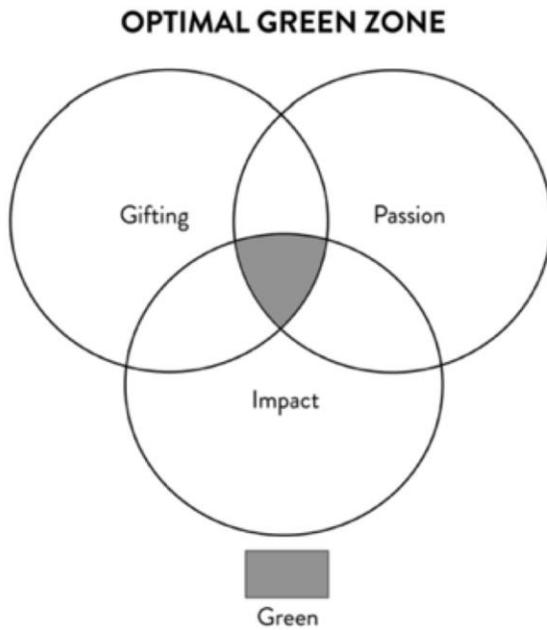


Figure 35 - Optimal green zone

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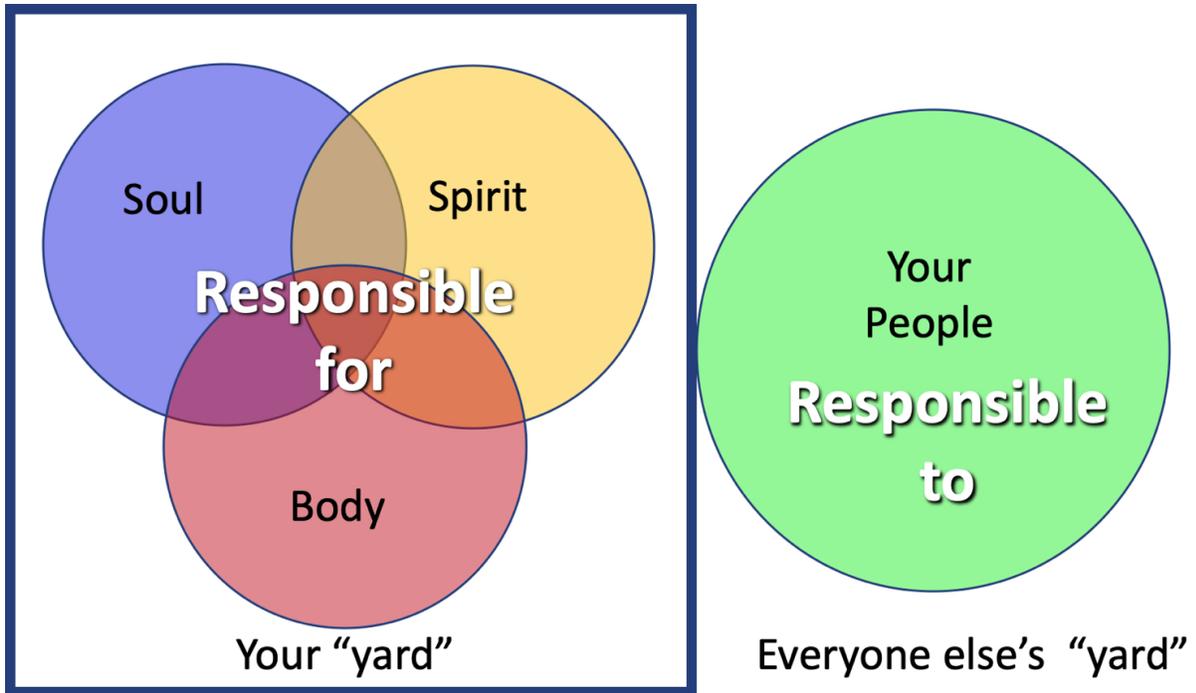


Figure 36 - Boundaries

Ephesians 4:11-13 (ESV) *And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ...*

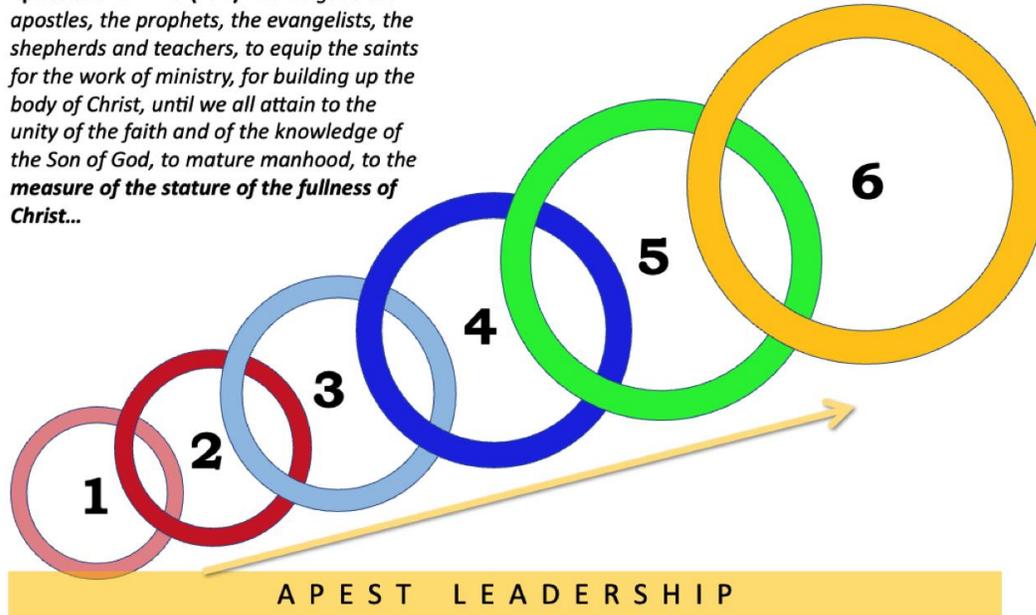


Figure 37 - Stage theory of spiritual maturity

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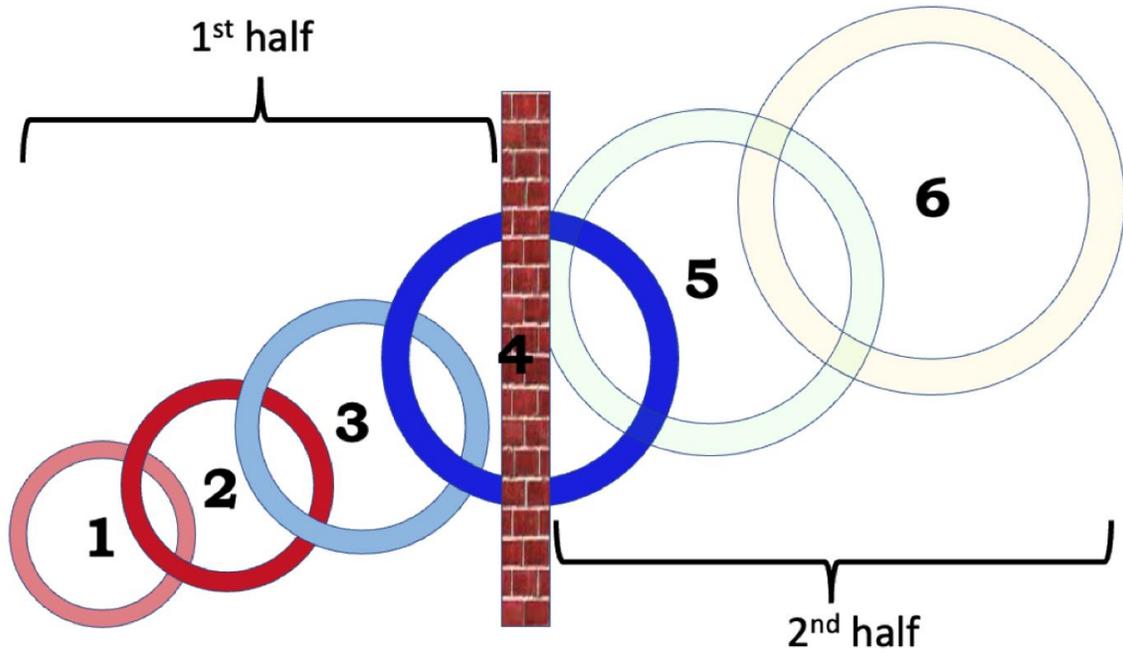


Figure 38 - The wall

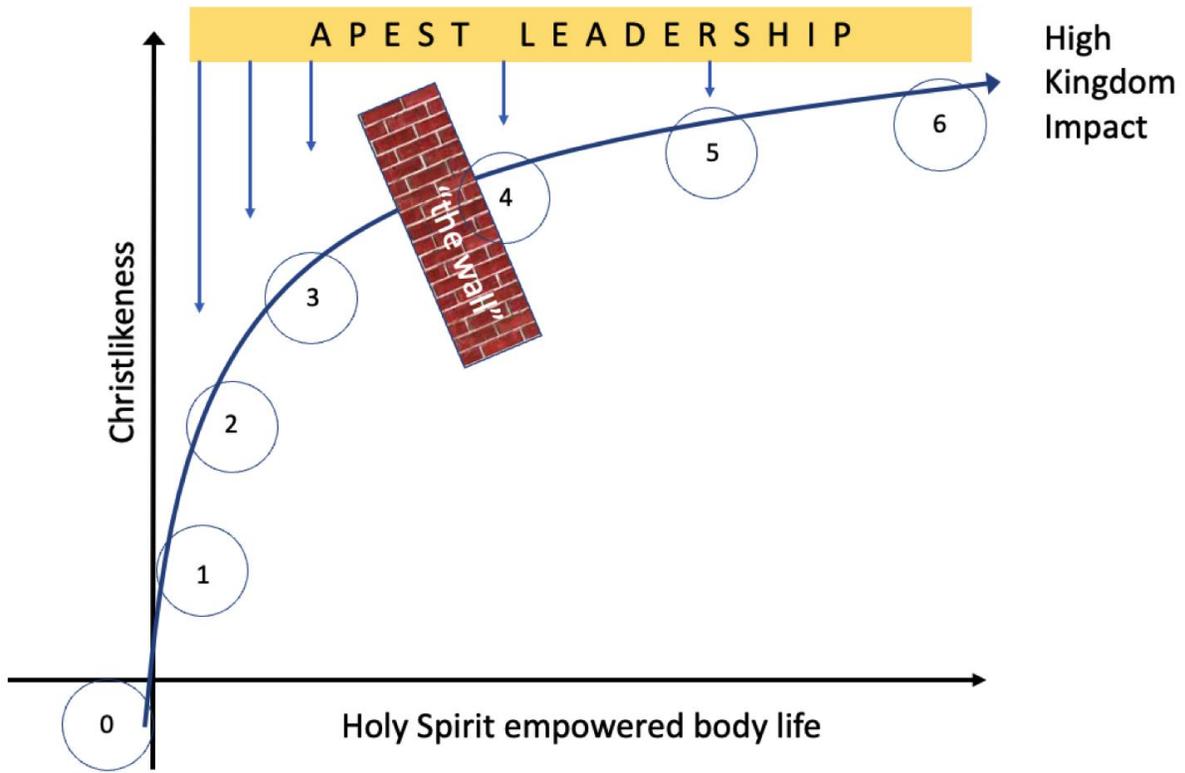


Figure 39 - Stage theory in community

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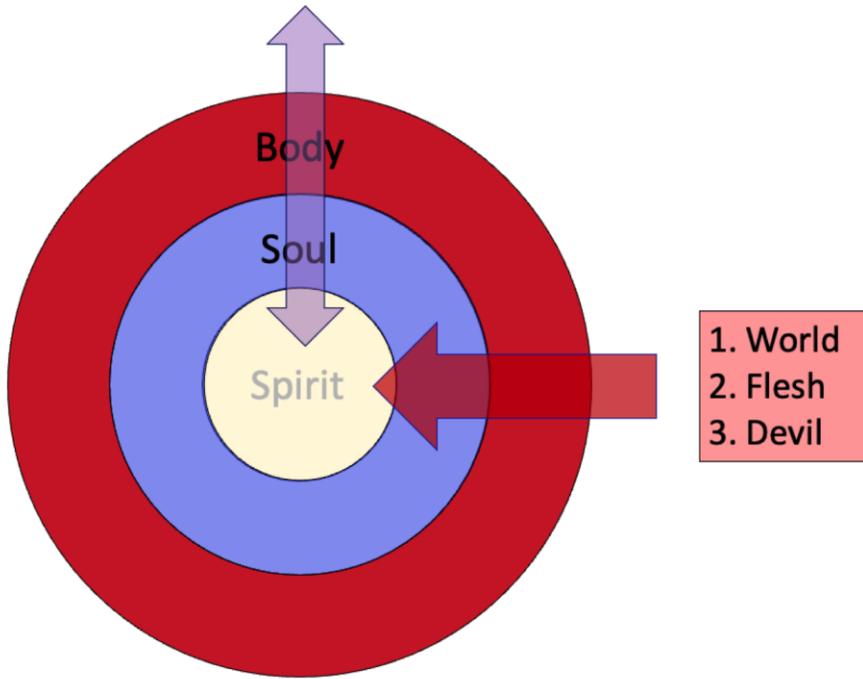


Figure 40 - Outside-in living

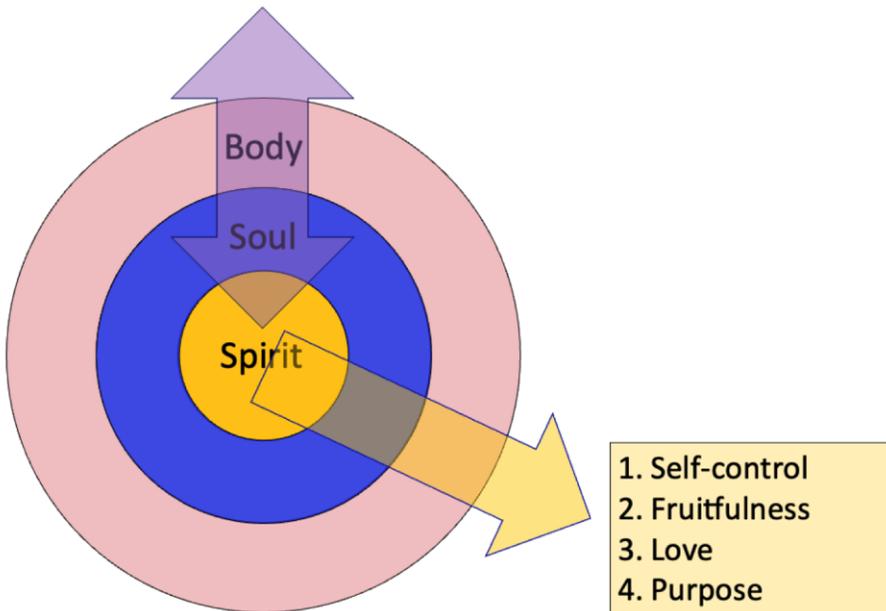


Figure 41 - Inside-out living

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Figure 42 - Four pillars of health Christian community

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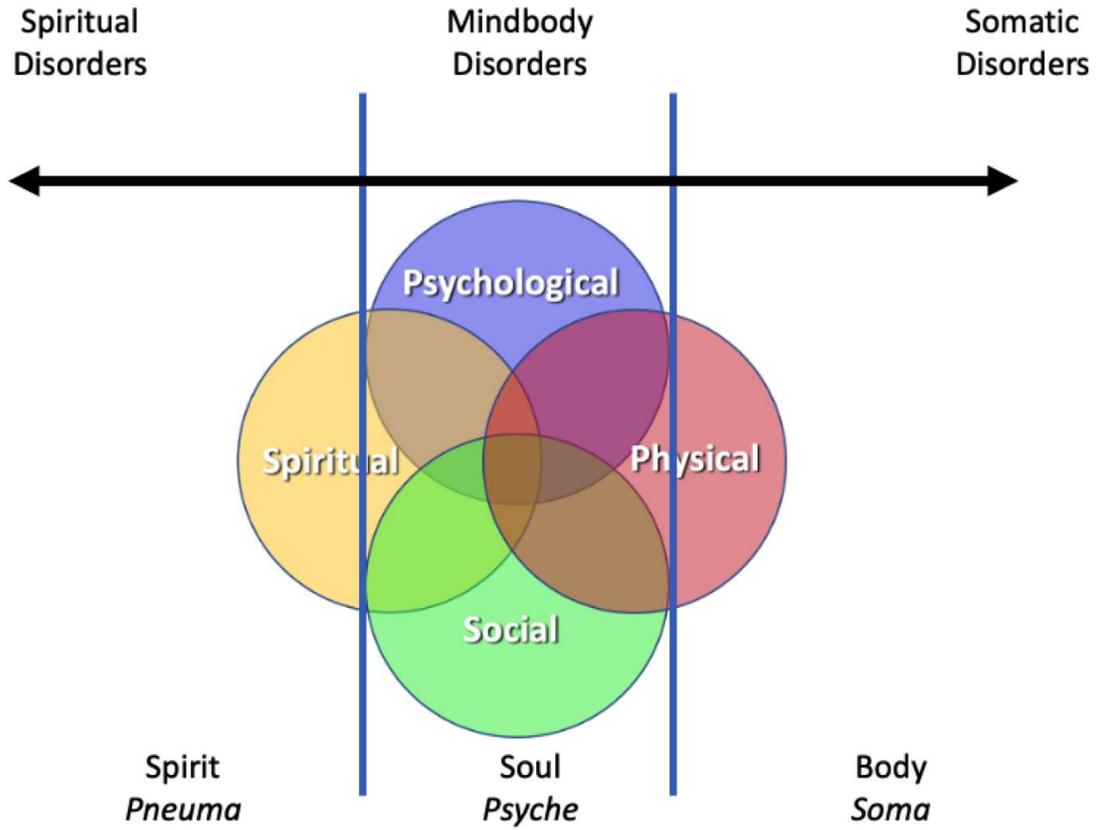


Figure 43 - Disease causes

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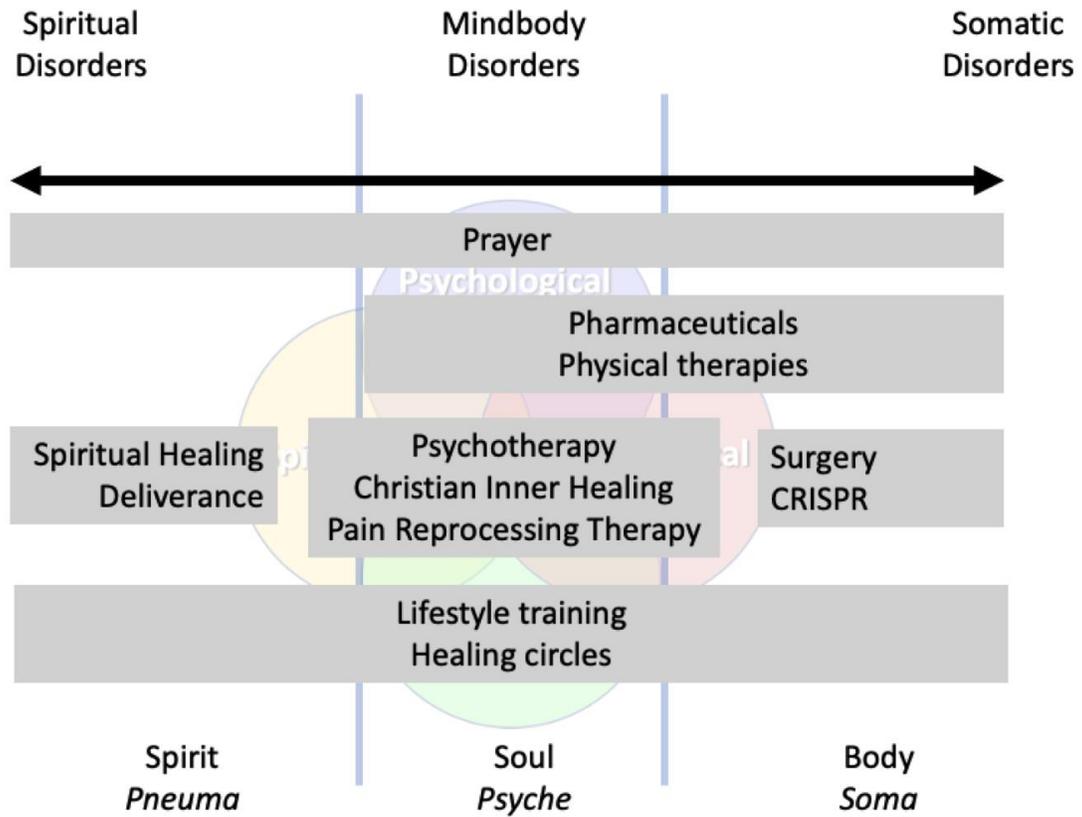


Figure 44 - Healing interventions based on cause

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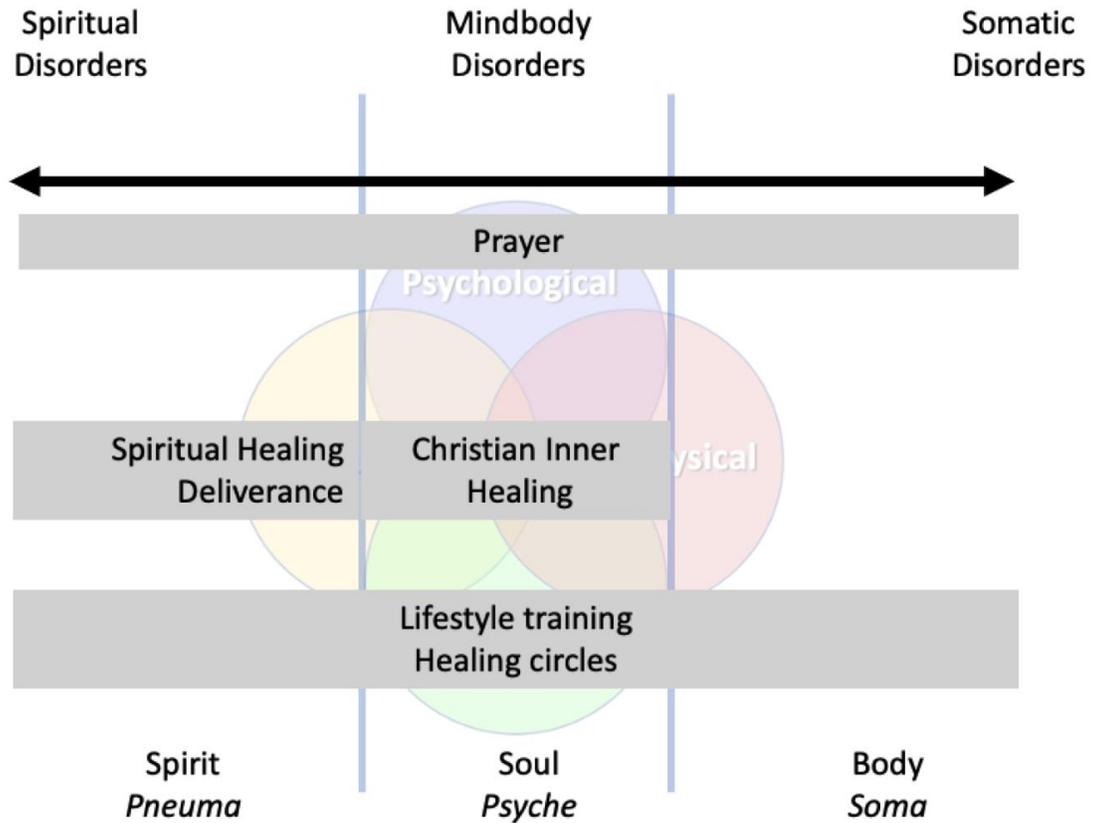


Figure 45 - The role of biblical healing ministry

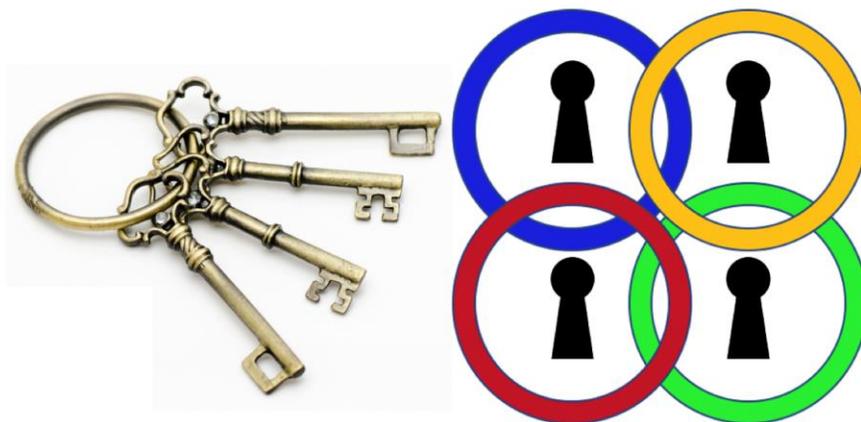


Figure 46 - Four kingdom keys